

# PRODUCT DATA SHEET

## Stress Reducer Capsules

### PRODUCT RANGE

#### REAL LIFE CARDIO-ALL

The Real Life Cardio-All product grouping focuses on cholesterol lowering, hypertension, cardio and vascular support and systemic support.

### PROPRIETARY NAME



### PRODUCT INFORMATION

<b>QUANTITY PER CONTAINER:</b>	120 Capsules
<b>FORMAT:</b>	Capsules
<b>CONTAINER:</b>	225ml White
<b>PRESENTATION:</b>	White Bottle

### APPLICATION

Stress Reducer's ingredient studies on humans have demonstrated that L-thiamine creates a sense of relaxation in approximately 30-40 minutes after ingestion via at least two different mechanisms, which are:

- First, this amino acid directly stimulates the production of alpha brain waves, creating a state of deep relaxation and mental alertness similar to what is achieved through meditation.
- Second, L-thiamine is involved in the formation of the inhibitory neurotransmitter, gamma amino butyric acid (GABA). GABA influences the levels of two other neurotransmitters, dopamine and serotonin, producing the key relaxation effect.

Stress Reducer's calcium and magnesium content is a natural proven bioavailable substance. These two essentials minerals are involved in enzyme reactions, nerve functioning, muscle relaxing and maintaining healthy blood vessels.

### SUPPLEMENT FACTS

AMOUNT PER CAPSULE	
COMPOSITION	QUANTITY
Marnite® Powder	200 mg
L-Theanine	200 mg
<i>Marnite® provides Nature's Solution</i>	

#### Dosage and Directions for use:

Take 1 (one) capsule at the first signs of stress. Individuals with high stress levels may increase their dosages to 400mg (2 capsules) per 6 hour time cycle.

Don't take more than 600mg (3 capsules) during a 6 hour time period.